

## 1<sup>st</sup> Thursday Tour – 5<sup>th</sup> January 2012

Ref. Morin-Heights Municipal Trail Map

We skied around 14 km out and back on the following trails:

Aerobic Corridor, Birkebeiner (No. 29), Courier des Bois (No. 36) Aladin (No. 52)



With 21 eager Vikings showing up for the first tour of 2012, the scene was perhaps as bustling as it was back in 1895 when the first of the steam trains chuffed there way into Morin-Heights...where now stands our rendez-vous...the Accueil du Corridor Aérobie.

We welcomed first timer - Hugh Mitchell - aboard.

Following arrival warm-up, boots on, skies waxed, apparel appropriately adjusted etc. we left a perhaps overwhelmed municipal employee to a quieter time, until our return for lunch later that afternoon!!

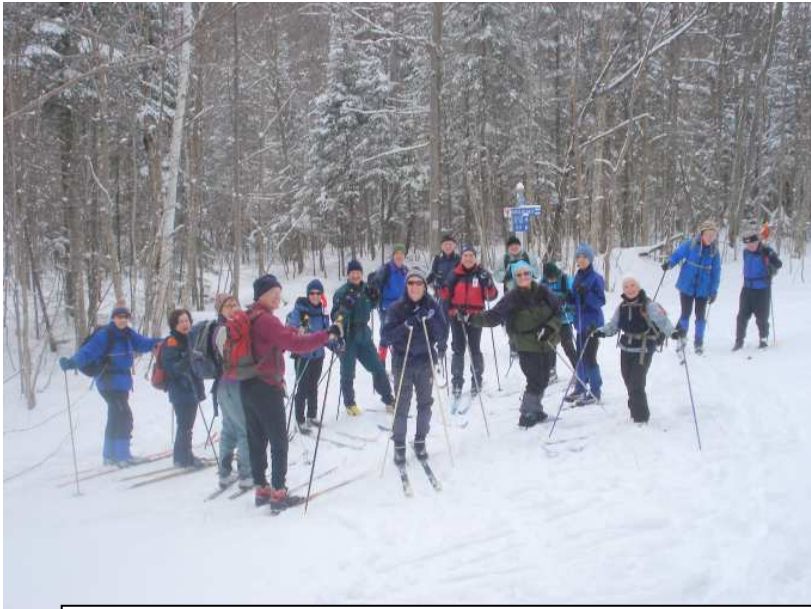


**Off and away along the double track set Aerobic Corridor**



**After 3 km of the flat stuff, time for some climbing  
as we turn off and up the Birkebeiner (No. 29) trail**

**There was about a foot of snow cover on the broken backwoods trails**



Having slogged up a kilometre of non-stop climbing, we reach the turn off for the Coureur des Bois (No.36) trail, which involves yet more climbing, and further more claims to be for "Skieurs experts seulement"

Following some discussion, we think we qualify, and proceed!!

Alas, no final images as things become a high speed blur when we diverge from Courier des Bois trail and we enjoy a speedy whiz down for a kilometre or so on the wide and freshly track set Aladin (No.52) trail.

This brings us out to the "6 km" marker on the Aerobic Corridor and being a bit nippy, folks are happy to ski back the easy and slightly downhill 6 km to "the railway station" for lunch in warmer surroundings!

Always keen to boost local economies where possible, we conclude by re-congregating over hot beverages at the Morin-Heights downtown Restaurant O'Petite