

Thursday Tour, 7^h January 2010

By Derek Wills

Rendez-vous: 10 a.m. at Centre Plein Air St-Adolphe-d'Howard
(No charge for Viking members!)

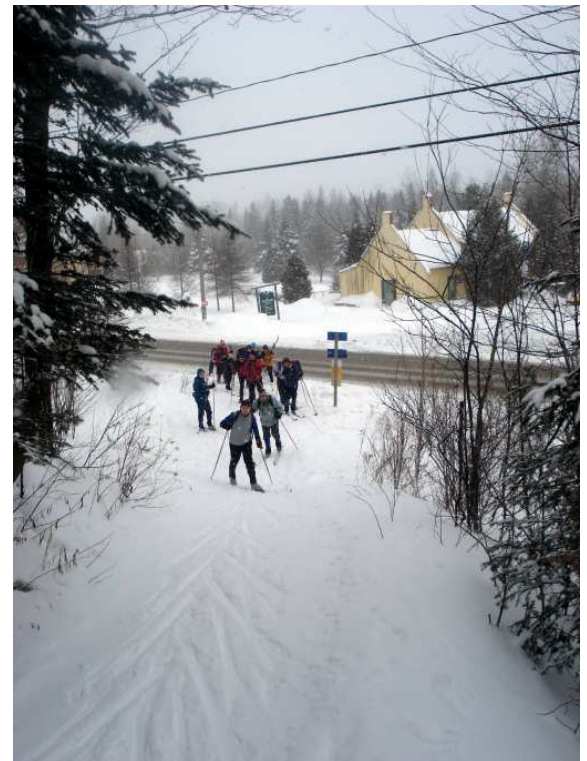
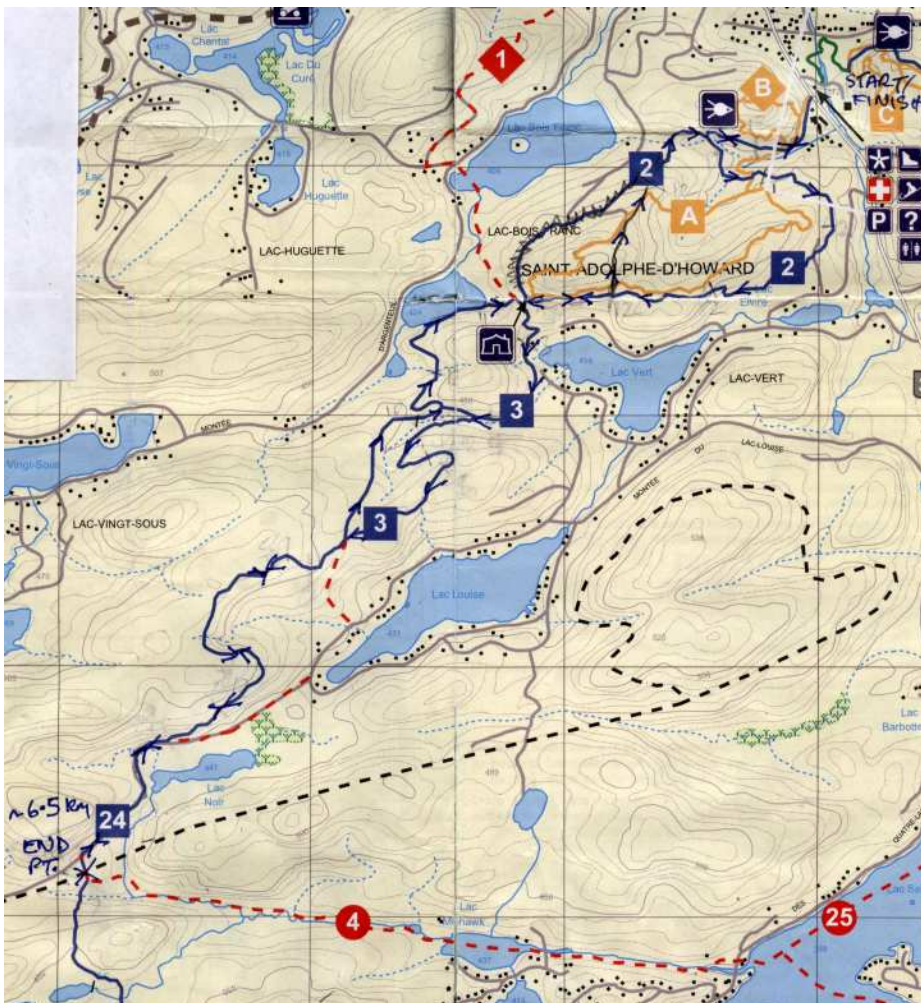
Trails skied: Sapinière (No. 2), Jaune (No.3) & Laurentienne (No.24)

Round trip skied ~ 13 km On-trail duration ~ 3-1/2 hours

Conditions: -9°C, hazy, fresh snow on mostly track set trails

Full info at: www.stadolphedhoward.qc.ca

We had 15 eager attendees for this 2010 kick-off Thursday tour comprising old timers: Tim Baker, Chris Lyle, Linda Collier, Murray Moss & Judy Lazarus, Richard L'Heureux, Jarmila Philipp, Wilma Wiemer, Howard Bussey, Dave Clark & Derek Wills, and first-timers: Stan & Sandy Cytrynbaum, Celia Lang & David MacDonald.
Alas, Mike Vanderlinden had intentions to join us, but his diesel fuelled VW refused to start, and rendered him home-bound!



Departure from the centre entails crossing Route 329 and setting off up the Sapinière No.2 trail.

Follow the spaghetti.....this shows our out-and-back routing on the St-Adolphe-d'Howard network



Making progress through a winter wonderland, very similar no doubt to the scene in Britain today!!



Howard is overcome by freak gravitational forces that lurk at the start of the Laurentienne trail !!



Images that Life Insurance Agents should not see of their respective policy holders !!!





Time out is declared for snacks and drinks at our 6.5 km turn back point.



This section of trail takes us past glaciers; not sure if they are retreating... or advancing?



This exceedingly steep section is all thanks to possessive landowners who forced re-routing of the original trail. However, once negotiated, some delightful, safe and extended downhill runs were to be enjoyed back to the start.

All to conclude that participants inner thigh muscles had a good New Year work out given the trail mix of herring-boning ascents, and snow ploughing descents !!